

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Basic Baking Needs:</b>			
Baking Powder			
Baking Soda			
Buttermilk Powder			
Cornmeal			
Cornstarch			
Cream of Tartar			
Dried Whole Eggs			
Knox Unflavored Jell-O			
Oatmeal			
Powdered Milk			
Wheat for Grinding			
White Flour			
Yeast			
<b>Sweeteners:</b>			
Brown Sugar			
Corn Syrup			
Honey			
Maple Syrup			
Molasses			
Powdered Sugar			
White Sugar			
<b>Fats:</b>			
Butter Powder			
Margarine Powder			
Olive or Vegetable Oil			
Shortening			
Butter Flavored Shortening			
Shortening Powder			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Basic Spices and Flavorings:</b>			
Baking Cocoa			
Broiled Steak Seasoning			
Chili Powder			
Cinnamon			
Garlic Powder			
Garlic Salt			
Minced Onion			
Nutmeg			
Onion Powder			
Onion Salt			
Pepper			
Powdered Lemon			
Salt			
Vanilla			
<b>Canned Soups:</b>			
Bean and Bacon			
Celery			
Chicken Noodle			
Clam Chowder			
Consommé'			
Cream of Chicken			
Cream of Mushroom			
Potato			
Vegetable			
Vegetable Beef			
Creamy Chicken and Mushroom			
Tomato			
Minestrone			
<b>Dehydrated Soups</b>			
ABC Soup Mix			
Corn			
Cream Soup Base			
Mushroom			
Onion			
Split Pea			
Vegetable Soup Blend			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Sauces and Spice Mixes:</b>			
Beef Bouillon			
Cheese Blend			
Chicken Bouillon			
Chili Seasoning			
Gravy Mixes			
Spaghetti Seasoning			
Taco Seasoning			
Tomato Powder			
<b>Staples</b>			
<b>Cereals:</b>			
6-Grain Cereal			
9-Grain Cereal			
Cereals			
Cream of Wheat			
Farina			
Granola			
Millet			
Oatmeal			
<b>Rice:</b>			
White Rice			
Brown Rice			
Jasmine Rice			
<b>Grains:</b>			
Amaranth			
Barley			
Corn Meal			
Kamut			
Oat Groats, Whole			
Oats, Instant			
Pancake Mix			
Quinoa			
Rye			
Spelt			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Grains Continued:</b>			
Wheat Red			
Wheat White			
White Flour			
Whole Corn			
<b>Legumes:</b>			
Black Turtle Beans			
Kidney Beans			
Lentils			
Lima Beans, Baby			
Lima Beans, Large			
Mung Beans			
Pink Beans			
Pinto Beans			
Small Red Beans			
Small White Navy Beans			
Soy Beans			
Split Peas			
Whole Peas			
Yellow Peas			
<b>Pasta:</b>			
Egg Noodles			
Fettuccini			
Lasagna			
Linguini			
Macaroni, Elbow			
Macaroni, Shells			
Spaghetti			
Penne			
Rotini			
Bowtie			
Angel Hair			
Grandma's Noodles			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Commercial and Home Canned Fish &amp; Meats:</b>			
Beef and Rice			
Beef Dices			
Beef Steaks			
Beef Stew			
Beef Stroganoff			
Beef – Ground			
College Casserole – Shepherd’s Pie			
Chicken			
Chicken Dices			
Chicken Noodle Soup Start			
Chicken Taco Soup			
Chicken Stew			
Chili			
Chili Macaroni with Beef			
Clams			
Corned Beef			
Deer			
Elk			
Ham			
Ham Dices			
Jerky			
Kipper Snacks			
Luncheon Meats			
Pork			
Rabbit			
Roast Beef			
Salmon			
Sausage Patties			
Shrimp			
Spam			
Tuna			
Wild Game			
<b>Freeze Dried Meats:</b>			
Pork Chops			
Cooked Ground Beef			
Chicken			
Chicken Chunks			
Beef Chunks			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Textured Vegetable Protein (TVP):</b>			
Bacon Bits TVP			
Barbecue TVP			
Beef Chunks TVP			
Chicken TVP			
Ham TVP			
Pepperoni TVP			
Plain TVP			
Pork TVP			
Sausage TVP			
Sloppy Joe TVP			
Taco TVP			
<b>Peanut Butter:</b>			
Dry Peanut Butter Powder			
Regular Peanut Butter			
<b>Dehydrated Eggs:</b>			
Egg Mix			
Egg Whites			
Whole Eggs			
Knox Unflavored Jell-O			
<b>Dried Dairy:</b>			
Butter Powder			
Buttermilk Powder			
Chocolate Milk Powder			
Dried Cheese Blend			
Instant Nonfat Powdered Milk			
Regular Nonfat Powdered Milk			
Sour Cream Powder			
Morning Moo's Regular Milk			
Morning Moo's Chocolate Milk			
Morning Moo's Strawberry Milk			
Gossner Shelf-Stable Milks & Cream			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Canned Fruits:</b>			
Apple Pie Filling			
Applesauce			
Apricots			
Blueberries			
Cherries			
Cherry Pie Filling			
Fruit Cocktail			
Mandarin Oranges			
Nectar			
Peaches			
Pears			
Pineapple			
Plums			
Berries in Syrup			
Raspberries in Syrup			
Mixed Tropical Fruits			
<b>Dehydrated Fruits:</b>			
Apple Pie Filling			
Apple Slices			
Apple Sauce			
Apricots			
Banana Slices			
Dates			
Figs			
Fruit Blend			
Peach-Apple Flakes			
Prunes			
Raisins			
Craisins			
Strawberry-Apple Flakes			
Mixed Fruit			
Fruit Cocktail			
Raspberries			
Blackberries			
Strawberries			
Pineapple			
Blueberries			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Canned Vegetables:</b>			
Asparagus			
Beans, Green			
Beans, Kidney			
Beans, Pinto			
Beets			
Carrots			
Corn, Creamed			
Corn, Whole			
Corn, Spanish Blend			
Mushrooms			
Peas			
Peas, Sweet Garden			
Pork and Beans			
Potatoes			
Pumpkin			
Pumpkin Pie Mix			
Salsa			
Squash			
Tomato Juice			
V8 Juice			
Tomato Sauce			
Tomato Paste			
Tomatoes – Stewed			
Tomatoes with Sweet Onion and Garlic			
Tomatoes – Whole			
Turnips			
Sweet Potatoes			
Zucchini			
Black Beans			
Kidney Beans			
Pinto Beans			
White Beans			
Navy Beans			
Garbanzo Beans			
Hominy			
<b>Dehydrated Vegetables:</b>			
Bell Peppers			
Broccoli Florets			



# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Dehydrated Vegetables Continued:</b>			
Carrots, Diced			
Celery			
Corn, Sweet Kernel			
Green Beans			
Onions, Chopped			
Mushrooms			
Peas, Sweet			
Potatoes, Diced			
Potato Flakes			
Potato Pearls			
Potato Granules			
Potatoes, Shredded			
Tomato Powder			
Vegetable Stew Blend			
Cabbage			
Spinach			
<b>Dry Drink Mixes:</b>			
Hot Chocolate Mix			
Lemonade			
Orange Drink Mix			
Tropical Punch			
Apple Drink Mix			
Gatorade Powder			
Kool-Aid with Sugar (Mix)			
Kool-Aid Packets			
<b>Canned Drinks:</b>			
Apple Juice			
Apricot Juice			
Carrot Juice			
Lemonade			
Orange Juice			
Pineapple Juice			
Tomato Juice			
V8 Juice			
Capri Sun			
Juice Boxes			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Desserts:</b>			
Dessert Fillings			
Gelatin, All Flavors			
Jams			
Jellies			
Popcorn			
Preserves			
Puddings			
Tapioca			
Danish Dessert			
Marshmallow Cream			
Marshmallows			
<b>Boxed Mixes:</b>			
Bisquick			
Cakes Mixes			
Frosting Mixes			
Spiffy Whip			
Hamburger Helper			
Rice-A-Roni			
Macaroni & Cheese			
Muffin Mixes			
Cheese Cake Mixes			
Brownie Mixes			
<b>Condiments:</b>			
Salad Dressing			
Barbecue Sauce			
Catsup			
Dill Pickles			
Sweet Cabbage Slaw			
Hot Peppers			
Banana Peppers			
Marinades			
Mayonnaise			
Miracle Whip			
Mustard			
Olives			
Relish- Sweet and Dill			

# Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Condiments Continued:</b>			
Salsa			
<b>Sauces</b>			
Soy Sauce			
Teriyaki Sauce			
Fry Sauce			
Sweet and Sour Sauce			
Tartar Sauce			
<b>Additional Spices:</b>			
Seasoning Salt			
Allspice, Ground			
Apple Pie Spice			
Basil			
Bay Leaves			
Celery Flakes			
Celery Seeds			
Cilantro Flakes			
Cinnamon Sticks			
Cloves, Ground			
Cloves, Whole			
Cumin			
Dill Seed			
Dill Weed			
Ginger, Ground			
Italian Seasoning			
Lemon Pepper			
Mustard, Ground			
Oregano, Ground			
Paprika			
Parsley Flakes			
Pepper, Cayenne			
Pepper, White			
Peppercorns			
Pickling Spice			
Canning Salt			
Poppy Seeds			
Poultry Seasoning			
Pumpkin Pie Spice			
Sage, Rubbed			



# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Paper Products:</b>			
Heavy Duty Aluminum Foil			
Garbage Bags			
Napkins			
Paper Bags			
Paper Cups			
Paper Plates			
Paper Towels			
Plastic Utensils			
Plastic Food Storage Bags			
Bread Bags			
Waxed Paper			
Freezer Paper			
Paper Bowls			
Hot Cold Cups			
Foil Baking Dishes			
<b>Cleaners:</b>			
Ammonia			
Bathroom Cleanser			
Bleach			
Clothesline Rack			
Clothes Pins			
Bucket Washer			
Clothes Wringer			
Dish Soap			
Floor Cleanser			
Washboard and Tubs			
Fabric Softener			
Dryer Sheets and 2 Gallon-Sized Ziploc Bags			
Scouring Pads			
SOS Pads			
Lava Soap			
Dish Cloths			
Micro Fiber Cloths			
Cleaning Rags			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
Personal Hygiene:			
Antibacterial Soap			
Bath Soap			
Bucket for Toilet, with Lid			
Lime			
Combs			
Deodorant			
Cotton Balls			
Q-Tips			
Facial Moisturizer			
Feminine Hygiene Products			
Hair Conditioner or Cream Rinse			
Hair Brush			
Hair Spray			
Hand Lotion			
Make-Up			
Velcro Rollers			
Personal Care Items			
Razors			
Sanitary Napkins			
Tampons			
Shampoo			
Toilet Paper			
Tooth Brush			
Tooth Paste			
Towels			
Washcloths			
Hair Cutting Supplies			
Flannel			
Oil Cloth			
Hand Sanitizer			
Baby Powder			
Balmex			
Body Lotion			
Chap Stick			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Water:</b>			
Water Barrels – All Sizes to Choose From			
Water Containers			
Water Purifier			
Water Purification Tablets			
Water Purification Solution			
Water Filter Straws			
Water Barrel Pump			
Water Bottles			
Individual Water Filter Bottles			
<b>Survival Equipment</b>			
<b>Shelter and Clothing Needs:</b>			
Blankets – Wool			
Blankets – Other			
Coats			
Duct Tape			
Hammer			
Large tent with repair kit			
Long Underwear			
Solar Blanket			
Balaclava			
Polypropylene Clothing			
Large Tent with Repair Kit			
Long Underwear, Insulated			
Pillows			
Plastic Sheeting, 25x6 feet, 4 millimeters thick			
Plastic Tarp, 10x12 Feet (Water-Proof)			
Pocket Knife			
Sharpener			
Rope, 150 Feet			
Sheets			
Sleeping Bags			
Warm Clothing (Extreme Cold – Layers)			
Cots or Pads			
Shelves (In the Box)			
Match Blast			
Wool Socks			
Tent Carpet			
Tent Insulation			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
Survival Equipment			
Shelter and Clothing Needs Continued:			
Solar Panel Lights			
Flannel, Canvas, & Muslin Fabric			
Sewing Adhesive			
Scissors			
Thread – All Kinds			
Needles			
Sewing Needs			
Screws – All Sized			
Nails – All Sizes			
Wood Glue			
Large Rolls of Twine			
Mosquito Nets for the Face, Neck & Arms			
Mouse Traps			
Fly Paper			
Hair Cutting Supplies			
Safety Pins			
Straight Pins			
Quilting Frame			
Tacks			
Clamps			
Warm Hats and Gloves			
Waterproof Boots or Warm Shoes			
Kerosene			
Propane			
Extra Gas Cans (Rotate Often)			
Lighting Needs:			
Butane Igniter or Cigarette Lighters			
Candles with Holders			
Flashlights with extra batteries and bulbs			
Gas or Kerosene Lanterns and Fuel			
Liquid Paraffin or 100-Hour Candles			
Waterproof Matches or Wooden Match Sticks			
Crank Flashlights			
Lanterns that will burn different kinds of fuel			
Lantern Fuel			



# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Communication Needs:</b>			
Battery-Powered Spotlight			
Cell Phone			
Cell Phone Chargers			
Flares			
Ham Radio			
Portable Radio and Extra Batteries			
Walkie Talkies (Long Range) – Know Channel			
Solar Powered Flashlight Radio			
Notebooks			
Pencils and Pens			
<b>Gardening Needs:</b>			
Garden Hose			
Hand Tools			
How or Cultivator			
Pick			
Pitch Fork			
Poles or Rigid Square Fencing – Pole Beans			
Rake			
Shovel			
Stakes to Mark Rows			
Tiller			
Tomato Cages			
Wheelbarrow			
Green House Plastic or Small Green House			
Garbage Bags			
Garden Twine			
Chicken Wire			
Wagon			
Gardening Gloves			
<b>Equipment for Cutting Wood:</b>			
Axes			
Bar Chain Oil			
Bow Saw			
Chain Saw w/Extra Chains and Spark Plugs			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Equipment for Cutting Wood Continued:</b>			
Engine Starting Fluid			
Gasoline			
Heavy Leather Gloves			
Measuring Cup			
Oil and Fuel Mixing Can			
Safety Goggles			
Wood-splitting Maul			
Fuel Extender			
<b>Cooking Equipment and Fuel:</b>			
Blender			
Bucket Openers			
Buckets and Lids			
Can Opener(s)			
Canning Equipment			
Dehydrator			
Dish Towels and Rags			
Dutch Ovens			
(Variety of Dutch Oven Pans)			
Electric Grain Mill			
Firewood			
Frying Pans			
Hand Grain Mill			
Hot Dog Sticks			
Charcoal Briquettes			
Lighter Fluid			
Fire Starters			
Matches			
Water-Proof Matches			
Canning Jars and Rings			
New Canning Lids			
Paraffin Wax			
Kitchen Knives			
Heavy Duty Utensils			
Bread Pans			
Cookie Sheets			
Wire Cleaning Brushes			
Dish Brushes			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
Miscellaneous Items:			
Super Glue			
Gas Turn-Off Tool			
Vital Records Organizer			
Food Storage Recipe Books			
Fishing Supplies			
Hunting Traps and Supplies			
Emergency Contact Information			
Extra Keys to Home and Cars			
Extra Debit and Credit Cards			
Emergency Preparedness Books			
Cash			
Vital Records Cards/Key Chains			
Gun Cleaning Kit			
More Cooking Equipment:			
Thermos			
Juicer			
Ladles			
Measuring Cups			
Measuring Spoons			
Mess Kits			
Enamelware Dishes			
Metal Grate for Fire			
Mixer			
Pots and Pans			
Pressure Canner			
Propane			
Propane Cook Stove			
Spatulas			
Sprouting Equipment			
Vacuum Sealer			
Charcoal Starter			
Solar Ovens			
Bean Bag Cooker			
Pitcher			
Potato Masher			
Potato Peeler			
Rolling Pin			
Pastry Brush			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>More Cooking Equipment:</b>			
Camp Stove			
Plastic Wrap			
Tin Foil			
Ziploc Bags			
Garbage Bags			
Toothpicks			
Oil Cloth Table Cloths			
Aprons			
Dish Pans			
Dish Soap			
Dish Drainer			
Dish Cloths			
Cutting Boards			
Sifter			
Volcano Cook Stove			
Hot Pads			
Heavy Cooking Gloves			
Dish Towels			
Broom			
Dust Pan			
Paper Towels			
<b>Laundry:</b>			
Folding Clothes Rack			
6 Gallon Bucket with Plunger			
Hand Wringer			
Bleach			
Laundry Soap			
Clothes Pins			
Clothes Line			
2 ½ Gallon Ziploc Bags			
Fabric Softener Sheets			
Large Washing Buckets			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Sewing Supplies:</b>			
Flannel			
Muslin Fabric			
Thread			
Needles			
Quilting Needles, Tacks and Pins			
Yarn			
Crochet Hooks			
Scissors			
Measuring Tape			
Pins: Straight and Safety Pins			
Seam Ripper			
Thimble			
Knitting Needles			
Knee and Elbow Patches			
Elastic			
Buttons			
Zippers			
Pin Cushion			
Shelves in Boxes			
<b>Garden Seeds:</b>			
Banana Squash			
Barley			
Beets			
Cabbage			
Carrots			
Celery			
Cucumbers			
Garden Peas			
Onions: Red, White, Yellow, Purple			
Green Onions, Chives, Leeks, Scallions			
Potatoes: Red, Russet, Yukon Gold			
Spinach			
Summer Squash			
Sweet Corn			
Tomatoes			
Swiss Chard			
Collard Greens			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
Garden Seeds Continued:			
Brussels Sprouts			
Rhubarb			
Rutabagas			
Radishes			
Broccoli			
Cauliflower			
Turnips			
Pumpkins			
Melons			
Peppers			
Garlic			
Sprouting Seeds:			
Alfalfa Seeds			
Broccoli Seeds			
Garbanzo Beans			
Lentils			
Mung Beans			
Pumpkin Seeds			
Radish Seeds			
Red Clover Seeds			
Salad Mix Seeds			
Soybeans			
Sunflower Seeds			
Sprouting Kit			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Pharmacy and Medical Supplies:</b>			
Acetaminophen (Tylenol)			
Adhesive Bandages			
Adhesive Tape			
Antibiotic Ointment			
Antibiotic, Powdered			
Aspirin			
Asthma Inhaler (if applicable)			
Boric Acid			
Butterfly Closures			
Cold and Cough Medications			
Cotton Balls and Swabs			
Diarrhea Remedy			
Elastic Bandages			
Epsom Salt			
First-Aid Book			
Gauze Pads, Assorted Sizes			
Hot-Water Bottle			
Ibuprofen			
Instant Heat and Cold Packs			
Iodine			
Ipecac Syrup			
Laxatives			
Lip Balm			
Antacid			
Splints, Braces, and Bandages			
Snake Bite Kit			
Special Needs:			
Glasses, Contacts, Contact Solution . . . etc.			
Diabetes Supplies			
Sunscreen (Include Aspirin)			
Family First Aid Kit			
Large Bottle Extra Virgin Olive Oil, Consecrated			
Alcohol Wipes			
Alcohol			
Hydrogen Peroxide			
Neosporin			
EMT Shears			
Suture Kit			
Milk of Magnesia			
Needle and Thread			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
Pharmacy and Medical Supplies:			
Ointments			
Personal Medications			
Petroleum			
Plastic Spoons			
Rubbing Alcohol			
Safety Pins			
Scissors, small			
Splints (Popsicle Sticks or Tongue Depressors)			
Sun Block			
Sunglasses			
Thermometer			
Triangular Bandage			
Tweezers			
Vitamins			
Medical Tape			
Benadryl			
Burn Cream			
Medications			
Hand Sanitizer			
Ear Drops			
Healing Oils			
Nasal Spray			
Cloves			
Yarrow			
Raw Vinegar			
Zurtec (Allergy)			
Visine A Allergy Eyes			
Pepto Bismal			
Medicine Dropper			
Thermometer Digital and Regular			
Kleenex			
Paper Towels			
Toilet			



# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Baby Food and Supplies:</b>			
Baby Bath			
Baby Cereal			
Baby Juices			
Baby Lotions			
Baby Medication			
Baby Shampoo			
Blanket			
Bottles with Nipples			
Canned Baby Food			
Diaper Rash Ointment			
Cloth Diapers, Plastic Pants, and Pins			
Disposable Diapers			
Evaporated Milk			
Extra Clothing			
Formula			
Karo Syrup			
Moist Towelettes			
Baby Wipes			
Toys			
Binkies			
Baby Powder			
Nursing Pads			
<b>Pet Food and Supplies (if applicable)</b>			
Dry Cat Food			
Dry Dog Food			
Other Pet Food			
Collar			
Leash			
Kennel			

# Non-Food Storage Inventory Sheet

Item:	Amount on Hand:	Amount Needed:	Purchases to be Made:
<b>Bedding:</b>			
Mattress			
Pillows			
Comforters			
Quilts			
Cots			
Bunks			
Sheets			
Blankets			
Air Mattresses			
Hand Air Pump			
Foam Sleeping Bags			
Foam Pads			
<b>Clothing:</b>			
Coats			
Fleece Layers			
Gloves			
Wool Socks			
Snow Pants			
Poly Propylene Clothing			
Hats			
Scarves			
Balaclava			
Long Underwear			
Wool Liners for Socks and Gloves			
Boots			





